

Student Group Worksheet:

Search the classroom for hidden clues about the muscular system. Each team is responsible for completing this worksheet. Using the clues fill in the muscle name, the anatomical muscle name, the location of the hidden clue and the exercise. Use the dictionaries to find the proper muscle name
Good Luck!

Blue Team

First Clue: Your muscles will feel free when you stretch this place below your knee. Come out the dark and look for the next clue on something **shiny**.

Muscle	Anatomical Muscle Name	Location	Exercise

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Orange Team

Orange Team: You are already **armed** with a lot of knowledge about the muscular system, but you can always learn more. The opportunity is waiting at the **door**.

Muscle	Anatomical Muscle Name	Location	Exercise