

MASSACHUSETTS INSTITUTE OF TECHNOLOGY
Department of Physics

Physics 8.01 TEAL

Fall Term 2004

Exam 3: Equation Summary

Momentum:

$$\vec{p} = m\vec{v}, \quad \vec{F}_{ave} \Delta t = \Delta \vec{p}, \quad \vec{F}_{ext}^{total} = \frac{d\vec{p}^{total}}{dt}$$

$$\text{Impulse: } \vec{I} \equiv \int_{t=0}^{t=t_f} \vec{F}(t) dt = \Delta \vec{p}$$

$$\text{Torque: } \vec{\tau}_S = \vec{r}_{S,P} \times \vec{F}_P \quad |\vec{\tau}_S| = |\vec{r}_{S,P}| |\vec{F}_P| \sin \theta = r_{\perp} F = r F_{\perp}$$

Static Equilibrium:

$$\vec{F}_{total} = \vec{F}_1 + \vec{F}_2 + \dots = \vec{0}; \quad \vec{\tau}_S^{total} = \vec{\tau}_{S,1} + \vec{\tau}_{S,2} + \dots = \vec{0}.$$

$$\text{Rotational dynamics: } \vec{\tau}_S^{total} = \frac{d\vec{L}_S}{dt}$$

$$\text{Angular Velocity: } \vec{\omega} = (d\theta/dt) \hat{k}$$

$$\text{Angular Acceleration: } \vec{\alpha} = (d^2\theta/dt^2) \hat{k}$$

$$\text{Fixed Axis Rotation: } \vec{\tau}_S = I_S \vec{\alpha}$$

$$\tau_S^{total} = I_S \alpha = I_S \frac{d\omega}{dt}$$

$$\text{Moment of Inertia: } I_S = \int_{body} dm (r_{\perp})^2$$

$$\text{Angular Momentum: } \vec{L}_S = \vec{r}_{S,m} \times m\vec{v},$$

$$|\vec{L}_S| = |\vec{r}_{S,m}| |m\vec{v}| \sin \theta = r_{\perp} p = r p_{\perp}$$

Angular Impulse:

$$\vec{J}_S = \int_{t_0}^{t_f} \vec{\tau}_S dt = \Delta \vec{L}_S = \vec{L}_{S,f} - \vec{L}_{S,0}$$

Rotation and Translation:

$$\vec{L}_S^{total} = \vec{L}_S^{orbital} + \vec{L}_{cm}^{spin},$$

$$\vec{L}_S^{orbital} = \vec{r}_{S,cm} \times \vec{p}^{total},$$

$$\vec{L}_{cm}^{spin} = I_{cm} \vec{\omega}_{spin}$$

$$\vec{\tau}_S^{orbit} = \frac{d\vec{L}_S^{orbit}}{dt}, \quad \vec{\tau}_{cm}^{spin} = \frac{d\vec{L}_{cm}^{spin}}{dt}$$

Rotational Energy: $K_{cm} = \frac{1}{2} I_{cm} \omega_{cm}^2$

Rotational Power: $P_{rot} \equiv \frac{dW_{rot}}{dt} = \vec{\tau}_s \cdot \vec{\omega} = \tau_s \omega = \tau_s \frac{d\theta}{dt}$

One Dimensional Kinematics: $\vec{v} = d\vec{r} / dt$, $\vec{a} = d\vec{v} / dt$

$$v_x(t) - v_{x,0} = \int_{t'=0}^{t'=t} a_x(t') dt' \quad x(t) - x_0 = \int_{t'=0}^{t'=t} v_x(t') dt'$$

Constant Acceleration:

$$\begin{aligned} x(t) &= x_0 + v_{x,0}(t-t_0) + \frac{1}{2} a_x(t-t_0)^2 & v_x(t) &= v_{x,0} + a_x(t-t_0) \\ y(t) &= y_0 + v_{y,0}(t-t_0) + \frac{1}{2} a_y(t-t_0)^2 & v_y(t) &= v_{y,0} + a_y(t-t_0) \end{aligned}$$

where $x_0, v_{x,0}, y_0, v_{y,0}$ are the initial position and velocities components at $t = t_0$

Newton's Second Law: Force, Mass, Acceleration

$$\vec{F} \equiv m\vec{a} \quad \vec{F}^{total} = \vec{F}_1 + \vec{F}_2 \quad F_x^{total} = ma_x \quad F_y^{total} = ma_y \quad F_z^{total} = ma_z$$

Newton's Third Law: $\vec{F}_{1,2} = -\vec{F}_{2,1}$

Force Laws:

Universal Law of Gravity: $\vec{F}_{1,2} = -G \frac{m_1 m_2}{r_{1,2}^2} \hat{r}_{1,2}$, attractive

Gravity near surface of earth: $\vec{F}_{grav} = m_{grav} \vec{g}$, towards earth

Contact force: $\vec{F}_{contact} = \vec{N} + \vec{f}$, depends on applied forces

Static Friction: $0 \leq f_s \leq f_{s,max} = \mu_s N$ direction depends on applied forces

Kinetic Friction: $f_k = \mu_k N$ opposes motion

Hooke's Law: $F = k |\Delta x|$, restoring

Kinematics Circular Motion: arc length: $s = R\theta$; angular velocity: $\omega = d\theta/dt$
 tangential velocity: $v = R\omega$; angular acceleration: $\alpha = d\omega/dt = d^2\theta/dt^2$; tangential acceleration $a_\theta = R\alpha$.

Period: $T = \frac{2\pi R}{v} = \frac{2\pi}{\omega}$; **frequency:** $f = \frac{1}{T} = \frac{\omega}{2\pi}$,

Radial Acceleration: $|a_r| = R\omega^2$; $|a_r| = \frac{v^2}{R}$; $|a_r| = 4\pi^2 R f^2$; $|a_r| = \frac{4\pi^2 R}{T^2}$

Center of Mass: $\vec{R}_{cm} = \sum_{i=1}^{i=N} m_i \vec{r}_i / m^{total} \rightarrow \int_{body} dm \vec{r} / m^{total}$;

Velocity of Center of Mass: $\vec{V}_{cm} = \sum_{i=1}^{i=N} m_i \vec{v}_i / m^{total} \rightarrow \int_{body} dm \vec{v} / m^{total}$

Kinetic Energy: $K = \frac{1}{2}mv^2$; $\Delta K = \frac{1}{2}mv_f^2 - \frac{1}{2}mv_0^2$

Work: $W = \int_{r_0}^{r_f} \vec{F} \cdot d\vec{r}$; **Work- Kinetic Energy:** $W^{total} = \Delta K$

Power: $P = \vec{F} \cdot \vec{v} = dK/dt$

Potential Energy: $\Delta U = -W_{conservative} = -\int_A^B \vec{F}_c \cdot d\vec{r}$

Potential Energy Functions with Zero Points:

Constant Gravity: $U(y) = mgy$ with $U(y_0 = 0) = 0$.

Inverse Square Gravity: $U_{gravity}(r) = -\frac{Gm_1 m_2}{r}$ with $U_{gravity}(r_0 = \infty) = 0$.

Hooke's Law: $U_{spring}(x) = \frac{1}{2}kx^2$ with $U_{spring}(x = 0) = 0$.

Work- Mechanical Energy: $W_{nc} = \Delta K + \Delta U^{total} = \Delta E_{mech} = (K_f + U_f^{total}) - (K_0 + U_0^{total})$

Problem 1d: (5 points)

A figure skater is spinning with her arms held close to her body. She relaxes her arm muscles and her arms move outward. Compared to her initial rotational kinetic energy, her rotational kinetic energy after she her arms move outward is

- a) the same.
- b) larger.
- c) smaller.

Explain your reasoning.

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Explain your reasoning. Answer C. We assume that there is negligible frictional torque acting on the skater while she relaxes her arm muscles and her arms move outward. Therefore the angular momentum about the central axis is constant, $I_{cm,0}\omega_0 = I_{cm,f}\omega_f$. The final angular velocity is therefore $\omega_f = (I_{cm,0} / I_{cm,f})\omega_0$. The final rotational kinetic energy is $K_f^{rot} = (1/2)I_{cm,f}\omega_f^2$. Using the result for the final angular velocity, the final kinetic energy becomes

$$K_f^{rot} = (1/2)I_{cm,f}(I_{cm,0} / I_{cm,f})^2 \omega_0^2 = (1/2)(I_{cm,0} / I_{cm,f})\omega_0^2 = (I_{cm,0} / I_{cm,f})K_0$$

Since the moment of inertia increases as she moves her arms out, the ratio $(I_{cm,0} / I_{cm,f}) < 1$. Thus the kinetic energy decreases,

$$K_f^{rot} = (I_{cm,0} / I_{cm,f})K_0 < K_0.$$

Note her arms move outward because there is not enough force pulling them inward and so they actually move in a curved trajectory but not in circular motion. The arms appear to move radially outward to the skater. Remember that the skater is not a rigid body. In order to prevent her arms from departing from her body, she must apply a force to slow the arms down and stop them. This work is dissipative changing kinetic energy into heat.